

## Cows brand ranks among top 10 in world



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# metro



HALIFAX • THURSDAY, JULY 17, 2008

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## Nothing says summer like fresh herbs



## Teens threaten boy with knife, steal his bike

**COLE HARBOUR** The second robbery involving a Cole Harbour path in two days left a 13-year-old boy without his bike yesterday afternoon.

The boy was riding his BMX at a path on John Stewart Drive behind Cole Harbour Place around 4:45 p.m. when two male teens caught up to him and told him to get off his bike.

One teen grabbed the victim from behind and threatened him with a knife. The other hit him in the head. The boy got off the bike and the teens drove away on it.

On Monday a man was robbed of his phone and jewelry on a nearby Cole Harbour path. That man was sent to hospital with head injuries.

One of the suspects in yesterday's theft is described as a short, black male wearing an earring, while the other is a white male, 5'7, with a muscular build, goatee, and a tattoo on the left side of his neck.

PAUL MCLEOD/METRO HALIFAX

# No-show Rosie has fan in tears



Kim Basque and her children, above, six-year-old William and four-year-old twins Nicholas and Grace, waited almost the whole day to meet Rosie O'Donnell. At right, Amazing Race participants Kynt and Vyxsin arrive in Halifax on the Norwegian Dawn yesterday. The pair say O'Donnell invited them to come aboard.

## Group waits several hours to see comic here on cruise ship

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**Rosie O'Donnell's biggest fans came and they waited. And they waited. And waited.**

But still the outspoken star didn't walk down the gangplank of the Norwegian Dawn to greet about half a dozen fans who waited more than seven hours to see her yesterday.

"I'm just disappointed," said Jennifer Campbell, while brushing tears from her eyes. "And now I'm late for work."

O'Donnell, her partner and four children, as well as over 2,000 other passengers on board the cruise ship, dropped anchor at Pier 21 yesterday.

The seven-day luxury voyage of Eastern Canada and New Eng-

**"I'm just disappointed. And now I'm late for work."**

Jennifer Campbell

land caters to gay and lesbian families and is organized by O'Donnell's partner Kelli.

Kim Basque of Dartmouth brought her mother and three children to try to meet O'Donnell. She met O'Donnell on the talk show host's first cruise ship visit to Halifax in 2005.

"She's so good to people. She's fantastic. She's funny and yet she's serious when she needs to be," said Basque, 34.

Basque said she hoped meeting O'Donnell would take their minds off the health of her six-year-old son William, whose MRI test results were coming in yesterday afternoon. Thankfully, the results showed he's OK.

"To me, this was just like a bonus," said Basque about the possibility of meeting O'Donnell. "The news of finding out he's OK is enough."

While the fans didn't get exactly what they came for, some were excited to meet a few other celebrities aboard the ship.

Heather Matarazzo, who appeared in the movie *The Princess Diaries*, was spotted.

Amazing Race participants Kynt and Vyxsin, who say they received a special invite from O'Donnell, also disembarked on an adventure in Halifax.

"It's good that we're not under a time crunch," Kynt said. "And if we come in last we're not kicked off."



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## Parking lot at Peggy's Cove no longer free

## Sports page 9



## Missing Tiger OK by players

## Celeb buzz page 18

## Twins named at last minute

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# Local



## Nova 7th heaven

Looking for a new local wine? Nova 7, a sparkling white, is the first wine from the Benjamin Bridge winery in the Gaspereau Valley. It's available at specialty wine stores and the NSLC's Port of Wines.

**METRO HALIFAX**

## Drivers safer on the street

Staggering decrease in MVA deaths

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**The number of motor-vehicle accident deaths in Canada has dropped 52 per cent in the last quarter-century.**

According to a Statistics Canada study released yesterday, despite the fact the number of vehicles on the road increased ten-fold between 1979 and 2004, deaths are on the decline.

Numbers fell to 2,875 in 2004 from 5,933 in 1979.

Pamela Ramage-Morin with Statistics Canada said the decrease can be attributed to new technology and higher social awareness.

She said people are more compliant about seatbelt use, for example.

"And it's also become less socially acceptable to be drinking and driving," Ramage-Morin said.

Vehicles are equipped with better seatbelts, airbags and breaks. But there's a flip side to improved technology, she said.

"We now see more telematic devices like GPS

devices and cellphones," Ramage-Morin said.

These distract drivers.

A third factor that may play a part in reducing fatalities on roads, she said, is urbanization: "We have more people driving in city environments."

Statistics show that more fatalities happen on rural roads; in 2004, 62 per cent of all traffic-related deaths occurred on rural roads.

Sgt. Rick Walkinshaw with the RCMP Traffic Services said the province is definitely moving forward in terms of safety and prevention.

"It's encouraging," he said. "We try to encourage changes by enforcement and education."

### By the numbers

- Nova Scotia is on the low end of the scale for the annual rate of deaths from motor-vehicle accidents, at 8.9 deaths per 100,000 people.
- The Yukon has the highest rate of death at 16.4 deaths per 100,000.
- Ontario has the lowest at seven per 100,000.



Zoe Novak, visiting with her family from California, makes quick work of her ice cream from Cows yesterday.

## Cows wins spot on global ice cream list

**RACHEL BOOMER**  
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**FOOD** Making ice cream the old-fashioned way has scooped up a new award for P.E.I.-based Cows.

The ice-cream maker, which claims to sell "Canada's Best Ice Cream," was voted one of the world's top ice-cream destinations by U.S.-based travel company Tauck World Discovery.

Also on the list are two

Italian gelaterias, the Tip Top Ice Cream chain in New Zealand, and spots in Buenos Aires and Hawaii. Ben & Jerry's also made the top 10.

Spokeswoman Lindsay Linkletter said no one at Cows had any idea they were being considered, but they were thrilled when they heard.

"We're all getting back to that real-food movement, and the ice cream is just old-fashioned good-

ness. It literally is a family friend's grandmother's recipe," Linkletter said.

Ingredients include such high-tech items as: vanilla, eggs, cream and sugar.

The company imports its vanilla from Madagascar and its cocoa from Holland, but Linkletter said that's as complicated as Cows gets.

"It's heavy, it's rich — just like you would get at a picnic at the turn of the

century," she said.

Cows opened in 1983 in Cavendish, P.E.I., with one outlet and one flavour — vanilla. It now has 11 outlets, seven of which are in P.E.I., one in Halifax, and others in Niagara, Ont., Banff, Alta., and Whistler, B.C.

It makes 230,000 litres of ice cream per year and is about to start selling cheese.

Cows' best-selling flavour is Wowie Cowie.

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## Sea King training

If you see a Sea King dropping toward Morris Lake this summer, no need to call for help. Pilots are training until the end of October on how to land safely on water. **METRO HALIFAX**

# Aid Peggy's Cove lot: NDP

ROBYN YOUNG

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**The owners of the Sou'wester restaurant in Peggy's Cove shouldn't be expected to run their parking lot as a free public lot, says the NDP tourism critic.**

Michele Raymond says the province should be contributing to its upkeep.

"I'm sure that it's a pricey piece of real estate for the owner to maintain," said Raymond.

Restaurant owner John Campbell faced criticism this week after he decided to start charging \$5 to park between 11 a.m. and 4 p.m. in the 110-space lot at the eatery and gift shop.

Campbell wasn't available for comment yesterday, but kitchen manager Judy Dauphinee said they've had frustrated customers who want to shop or eat at the Sou'wester but can't find a parking spot because the lot's already full with tourists visiting the lighthouse but not entering the business.

She said their guests are just trading in \$5 up front for \$5 they would have spent in the business anyway.

Another reason they decided to start charging this year, she said, is because of the beating the lot took from post-tropical storm Noel last fall.

They had to put up quite a bit of money to pay for broken curbs and chunks of the lot that were washed away.

The Tourism Department should talk to the restaurant owners and come up with a creative solution to the problem, Raymond said.

Tourism Minister Bill Dooks told CTV yesterday the Sou'wester is a "private business" so they're allowed to charge for parking.

He also pointed out there's an alternative: A free provincial lot about 90 seconds away, with around 90 spots.

Wendy Barnable with the department said the province isn't considering helping out the Sou'wester

DEAN LUSK/METRO HALIFAX



Owners of the Sou'wester restaurant in Peggy's Cove have started charging \$5 for parking between the hours of 11 a.m. and 4 p.m. and NDP tourism critic Michele Raymond says they have the right to do so.

with maintenance of its lot.

They are, however, thinking about increasing public knowledge of the

free provincial lot right next door.

"We may need to do more to let people know, maybe signage or some-

thing like that," Barnable said.

About 7,000 people per day visit Peggy's Cove during peak tourist season.

## Feed Nova Scotia warns of frauds

**CANVASSERS** Feed Nova Scotia is warning the public about bogus canvassers who are going door to door asking for money.

"I urge members of the public to use caution when making donations to anyone soliciting food in our name."

"Always ask to see our letter of endorsement, which is issued by Feed Nova Scotia to anyone who registers their canvassing food drives with us," says Dianne Swinemar, Executive Director. **METRO HALIFAX**

## Two hurt in fight behind strip mall

**THIRTY INVOLVED** A fight in Coldbrook, Kings County left two people injured.

An estimated 30 young people were involved in a fight behind a strip mall at around 9:30 p.m. Tuesday night.

A 19-year-old man was stabbed, but his injuries are not life-threatening. A 15-year-old had minor injuries.

RCMP say they are investigating and anticipate charges. **METRO HALIFAX**



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Children should have their cholesterol tested between the ages of two and 10, says the American Academy of Pediatrics. And forget that homogenized milk for toddlers — the AAP says parents of kids with obesity issues should consider lower-fat dairy. **METRO HALIFAX**

# 'The big one' comes in 2009

Tall ships to make Halifax stop during race

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**Forget last year — 2009 is the year for the largest gathering of tall ships in a decade.**

Between 50 and 70 tall ships will sail into Halifax Harbour next July 16 and stay for five days.

Last year's tall-ship event was a festival. But next year, Halifax will be a stop on a trans-Atlantic race.

"This one's the big one," said Leanne Strathdee of the Waterfront Development Corp., when the details of the event were released yesterday.

When they leave Halifax on July 20th they'll be speeding towards the finish line in Belfast, Ireland. The race starts next May in Vigo, Spain.

"There are only about 400 tall ships in the world and some of them can't leave their home ports," she said. But Sail Training

International draws some of them out for this rare race that circles the North Atlantic.

Some of the tall ships on display in Halifax won't be participating in the race, and will visit six other ports in Nova Scotia.

The Bluenose II out of Lunenburg hasn't signed up for the race, said Strathdee, but it is expected to be a part of the showing.

The 2007 festival generated \$27.5 million in economic benefits for the province and next year's event should bring in millions of tourism dollars as well.

A naval theme is being incorporated into the festival as 2009 marks the 250th anniversary of the founding of the Royal Navy dockyard in Halifax.

Five-metre longboats full of animators and sailors will row in formation from the dockyards to Bishops Landing.

"When they arrive en masse on the waterfront,

## Get in ship shape

- Within hours of releasing details of next year's Tall Ship Festival, 25 volunteers signed up yesterday.

- Organizers say they'll need 1,000 volunteers for the event, and they can sign up at [www.tallshipsnovascotia.com](http://www.tallshipsnovascotia.com).

- The racing ships will cruise into Halifax, but race out of the Harbour after the Parade of Sail on July 20, 2009.

- Ships from France, the U.S., Italy, Germany, Belgium, Poland, Spain, the U.K., and the Netherlands have already signed up.

they're going to transfer some naval-significant item from the old world to the new, recognizing the 250 years that have passed."

The navy will also use the event to kick off a countdown to their 2010 centennial celebration.



Andrew Ross, right, from QEII Health Sciences Centre nuclear medicine department, demonstrates the province's new PET/CT scanning machine for Health Minister Chris d'Entremont, left, yesterday.

## A PET everyone will love

Province gets new weapon in the fight against cancer

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**HEALTH** Nova Scotia's newest PET won't snuggle up with you at night, but it may save your life.

The province's first Positron Emission Tomography and Computerized Tomography (PET/CT) diagnostic imaging suite was unveiled yesterday at the QEII Health Sciences Centre.

It's the first of its kind in the province and is used to find residual cancer cells that are difficult to detect from cancers such as breast, colorectal and lymphoma.

Paul Peters of Bridgewater, a former cancer patient

at the hospital, said he's thrilled to see a PET scanning suite in Halifax. After being diagnosed with lymphoma, he was forced to travel to Montreal and Vancouver for the tests, but said he's glad future patients who require the procedure will be able to stay closer to home.

He said without the procedure, his residual cancer would not have been detected early enough.

With a basic CT scan, the cancer cells would not have been picked up until at least nine months later, he was told.

"I had a very aggressive form of lymphoma and nine months is a long time," Peters said.

The high-tech imaging system looks at cells' function rather than their anatomy. CT scans and MRIs look only at the anatomy.

Health Minister Chris d'Entremont said the new suite will eliminate wait times of several weeks for patients to have the procedure done in other provinces.

The province spent \$3.5 million on the program and the QEII Foundation, Aliant and a group of radiologists paid the additional \$2.5 million.

The funding will also go toward setting up the province's own cyclotron program for producing the isotopes needed for imaging.

# Thank You

Thank You from The McLaughlin Family  
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Neurosurgery Department & Staff — 7.3 HI  
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## Crown share deal could help NSAC

**EDUCATION** Crown share money for university infrastructure may be a good sign for residences at the Nova Scotia Agricultural College.

On Sunday, the provincial and federal governments announced a Crown share deal that will see \$867 million come to Nova Scotia. Most will be applied to the debt, but Premier Rodney MacDonald said \$70 million would be used to set up trusts for university infrastructure, among other things.

The province received a report earlier this month regarding the feasibility of upgrading the residences through a public-private partnership.

METRO HALIFAX

## What's the scoop? Digging in



Shannon Bezanson of the Children's Wish Foundation works on her ice-cream scooping at Pinky's in Flemming Park yesterday. Earlier, several politicians competed in a celebrity scoop-off where they were timed on scooping ice cream. Net profits from the five Pinky's locations were donated to the charity.



## Province gets fair mark in green report card

Nova Scotia gets a green grade of "fair" from the David Suzuki Foundation. Our greenhouse gas emissions have only grown three per cent since 1990, but we don't spend enough on public transportation, says the report, released yesterday. **METRO HALIFAX**

# Tiny additions to Tree of Life

World experts gather to discuss microbes

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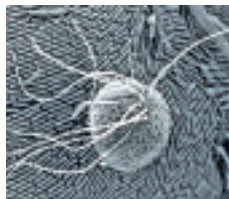
**They're tiny – too small to be seen by the human eye – but they sure attract a crowd.**

Complex microbes will be the hot topic at an international workshop in Halifax this weekend.

Microbes are those single-celled organisms that look like creatures from horror movies when they're put under the microscope.

Algae, and the organism which causes malaria are a few examples of complex microbes, said Alastair Simpson, associate professor at Dalhousie University.

The two-day conference is hosted by the Canadian Institute for Advanced Research. They're getting the world's best together to work out definitions of



Complex microbes, like the ones pictured, will be discussed during a workshop in Halifax this weekend.

complex microbial organisms called protists.

The goal is to fill gaps in their Tree of Life web site, which is a Wikipedia-esque site, but only experts may contribute to it.

"It's a virtual textbook," he said. "We're trying to get all the contributors for complex microbes together so in one shot make that part of the Tree of Life project excellent."

The Tree of Life is a tool

for university students and researchers. Its lofty goal is to collect all scientific knowledge about every species — living and extinct — on earth.

Around 30 international researchers from Japan, Switzerland and Russia to name a few, along with 20 Canadians are scheduled to attend.

Halifax was picked as a location to hold this unique event because Canada is a world-leader in studying these microbes, Simpson said.

"At Dalhousie in particular there are a number of world experts who are particularly noted for studying the evolution of complex microbes."

There might be a few disagreements on some definitions, he said.

"I honestly don't know if it will be controversial or collegial," Simpson said.



Chris Gabriel, right, on the deck of the HMCS Ville de Quebec, which leaves Halifax today for a five-and-a-half-month trip to the Mediterranean.

## Sailors prepare for farewell

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Sometimes it's the little things.

The crew of the HMCS Ville de Quebec have been preparing so long for their five and a half month mission to the Mediterranean that most of them just want to get started. But while they're un-phased by the thought of dealing with

terrorists, sometimes the little things can get to them — like having to miss the new Batman movie.

"I've been looking forward to that for months!" said Dan Williams of Chester Basin. Williams and the rest of the crew leave Halifax today, just missing the release of the film.

Then there's the having to leave loved ones behind. Family will get to see the ship off this morning as

they head off to work for NATO as part of Operation Active Endeavor.

"It's hard. I'm not looking forward to it, actually. Leaving my young son for the first time for that length of time, and my wife as well, is very hard," said Chris Gabriel of St. Georges, N.L.

Part of the mission will involve cracking down on smuggling and terrorism-related activities.

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More than 300 people crowded inside a chapel at CFB Gagetown in New Brunswick yesterday to pay their respects to Pte. Colin Wilmot, 24, a medic who died from his injuries on July 5 after an explosive device detonated while he was on patrol in Afghanistan's Panjwaii district. **METRO CANADA**

# Canada/World

## Climate change splits premiers

Leaders divided on how to combat problem

Despite talk of working together, the annual premiers' conference opened with rival camps in the climate change debate digging in their heels.

Ontario Premier Dalton McGuinty wants a national initiative to build a cleaner, greener car while putting a price on emissions through a "cap and trade" system.

Alberta Premier Ed Stelmach warns against such new energy taxes and wants to reduce greenhouse gases by capturing carbon and storing it like nuclear waste.

As Canada's premiers began three days of meetings yesterday, there were hopes they could focus on what unites them — hopes that were quickly dashed by differences that seem as in-



Canada's provincial and territorial premiers pose with Samuel de Champlain on the Belem boat yesterday during the Council of the Federation in Quebec City.

tractable as ever.

Saskatchewan's Brad Wall urged the other premiers to resist attempts to tap into their oil wealth to combat global warming, saying, "maybe it's time for a bit of man-on-the-moon

type of language from all the leaders in Canada around an investment we can all make in technology" rather than trying to forge an impossible consensus on cap-and-trade.

TORSTAR NEWS SERVICE

## Dallaire joins Khadr debate

**RIGHTS** Liberal Senator Roméo Dallaire yesterday challenged Prime Minister Stephen Harper's stance on the fate of Guantanamo detainee Omar Khadr, calling the Guantanamo trial an abuse of law.

Dallaire believes Canada's influence internationally in fighting civil rights cases will be diminished if government support for



Romeo Dallaire

the war crimes prosecution of a minor continues.

Harper declined an interview request.

Khadr's trial is set to begin in three months.

TORSTAR NEWS SERVICE

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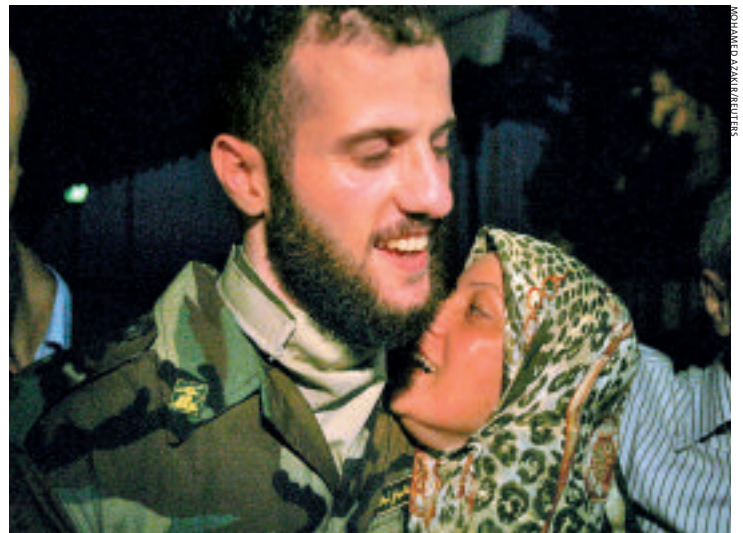
## News in brief

**SCIENCE** Calling a report in the U.K.'s Daily Telegraph "unfounded speculation," Cambridge University has denied reports its most famous physicist might be coming to Canada to work, saying yesterday Stephen Hawking "has no plans" to leave, CBC News Online reports. Neil Turok at Waterloo, Ont.'s Perimeter Institute has extended an open invitation to the theorist, and talks are ongoing about a possible Hawking visit later this year.

**TERROR TRIAL** Zeba Khan, former fiancée of accused terrorist Momin Khawaja, is scheduled to appear by video link-up from Dubai as a witness for the Crown on Monday or Tuesday. She is expected to expand on the e-mails the two traded over a six-month period, ending in early 2004, when she lived in Pakistan. Khawaja, who was born and raised in an Ottawa suburb, had visited her twice in Pakistan in 2003.

**HEALTH** In the wake of a controversy involving inaccurate test results for breast cancer patients, the Canadian Association of Pathologists released new guidelines yesterday that call for pathology test results to be verified by an external, independent laboratory, CBC News Online reports.

METRO NEWS SERVICES



Released Lebanese prisoner Hussein Suleiman hugs his mother upon his arrival at Beirut airport during a ceremony to celebrate his return from Israel yesterday. Five Lebanese freed from captivity in Israel were flown to a heroes' welcome in Beirut yesterday.

## Hezbollah celebrates return of prisoners

**Hezbollah leader Sayyed Hassan Nasrallah, in a rare public appearance, welcomed five Lebanese freed from captivity in Israel yesterday after his guerrilla group returned the bodies of two captured Israeli soldiers.**

Nasrallah, who moves in secret for security reasons, emerged briefly to embrace the ex-prisoners at a rally in Beirut and declared the exchange a victory for Hezbollah and Lebanon.

"This people, this nation and this country, which gave a clear image today,

cannot be defeated," he told the crowd before leaving to deliver a speech by video link from a safe location.

A grim mood prevailed in Israel, where the prisoner swap was widely seen as a painful necessity two years after the capture of the two Israeli army reservists sparked a 34-day war in which about 1,200 people in Lebanon and 159 Israelis were killed.

Among the released captives was Samir Qantar, who had been Israel's longest-serving Lebanese prisoner and whom Is-

raelis revile for his part in a 1979 Palestinian guerrilla attack.

The International Committee of the Red Cross brought the men to the border town of Naqoura. Wearing military fatigues, they marched down a red carpet flanked by a Hezbollah honour guard.

Two Lebanese army helicopters then flew them to Beirut, where President Michel Suleiman, Prime Minister Fouad Siniora and Parliament Speaker Nabih Berri kissed them at the airport.

REUTERS

## Nuclear concessions not likely at talks: Iran

**NEGOTIATIONS** Iran signalled yesterday it did not plan to make major concessions on its nuclear program at talks this week to be attended by world powers including the United States.

Supreme Leader Ayatollah Ali Khamenei said Iran was ready to negotiate but showed no sign of backing down on the issue at the centre of the dispute — Iran's refusal to halt atomic activities.

Iran, the world's fourth-largest oil producer, says it wants to enrich uranium

## U.S. envoy

The United States said yesterday it was sending an envoy to join nuclear talks with Iran to signal to Tehran and others that Washington wanted a diplomatic solution to the impasse.

only to produce electricity so that it can export more crude oil and gas.

"We have clearly defined red lines," said Khamenei, Iran's highest authority.

REUTERS

## News in brief

**PRESIDENTIAL RACE** Democrat Barack Obama has a seven-point lead on Republican John McCain in the U.S. presidential race, and holds a small edge on the crucial question of who would best manage the economy, according to a Reuters/Zogby poll released yesterday.

**RELIGION** Saudi Arabia's King Abdullah called on followers of the world's major faiths to turn away from extremism and seek reconciliation as he opened an unprecedented interfaith conference in Madrid yesterday. The Saudi-sponsored gathering aims to draw Muslims, Jews and Christians closer together.

REUTERS

**Anheuser, InBev deal has \$1.25 billion breakup fee**

Anheuser-Busch Cos. said yesterday that its \$52 billion US deal to be taken over by InBev NV carries a breakup fee of \$1.25 billion. Either side would have to pay the breakup fee if it was responsible for the deal falling through. **REUTERS**

7

# Business

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### THE DAILY BUSINESS BUZZ

#### Rebranding DHBC:

The Downtown Halifax Business Commission announced yesterday it has engaged Extreme Group for its brand strategy and advertising campaign to promote and attract investment. It will include redesigning the DHBC logo, new advertising and a new marketing strategy.

#### Province-wide tour:

Helping solve the world's environmental challenges while growing Nova Scotia's economy is key to the future of the province, Environment Minister Mark Parent told business and community leaders in Yarmouth yesterday on his first stop of a province-wide tour to promote the importance of the green economy.

Get the full stories delivered to your inbox every morning by signing up for the **Daily Business Buzz** [www.nsbj.ca](http://www.nsbj.ca)

## HBC sold to new U.S. chain owner

### Deal could bring new stores to Canada

**Hudson's Bay Co., whose name is synonymous with Canada's frontier past, was bought yesterday by the U.S.-based private equity fund that owns the Lord & Taylor department store chain, one of the oldest names in U.S. retailing.**

NRDC Equity Partners said it would invest \$500 million in new equity into the combined company, which also owns specialty U.S. retailer Fortunoff and Creative Design Studios.

Richard Baker, who will head the new holding com-



**"Part of the problem The Bay has is they have too many way oversized stores in great markets."**

Richard Baker

pany called Hudson's Bay Trading Co., said Lord & Taylor could launch 10 to 15 stores in Canada to bridge the gap between The Bay and the more high-end Holt Renfrew.

Baker said the company could take "oversized" Bay locations, such as its store in downtown Toronto, and better utilize the space by putting in a Lord & Taylor or Fortunoff as well. "Part of the problem The Bay has is they have too many way oversized stores in great markets, and we have the answer, we're going to solve the problem," he said.

Zellers, the mass merchandise division, will see a greater focus on branded apparel, as well as a future rollout of new prototype stores.

**REUTERS**

### News in brief

**JOBS REPORT** CIBC World Market's latest Employment Quality Index report suggests that full-time job growth in sectors such as mining, farm product distribution, Internet services and the manufacturing of bev-

erages, tobacco, and electronic and printing products is up 6 per cent since last year. But it also found "low-paying sectors" such as repair and maintenance has risen less than 1 per cent. **TORSTAR NEWS SERVICE**

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# Beijing Games

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

## Stop meddling, manager told

**ATHLETICS** Ethiopia's athletics federation told the manager of two-time Olympic 10,000 metres champion Haile Gebrselassie to stop "meddling" amid confusion over whether he will run in Beijing. "Unless he stops meddling ... he may be banned from managing any Ethiopian athlete in future," said the Ethiopian Athletic Federation's technical manager Dube Jillo.

## Gymnast Hamm joins men's team

**GYMNASTICS** Gymnast Morgan Hamm has been confirmed as a member of the U.S. men's team despite receiving a public warning from the United States Anti Doping Agency.

## U.S. coach Graham banned for life

**ATHLETICS** Former elite athletics coach Trevor Graham has been banned for life for violating anti-doping rules, the U.S. Anti-Doping Agency said. He is the former trainer of Marion Jones and Justin Gatlin.

REUTERS

## Tomorrow's lineup

**CITY UNDER SIEGE** Is the Olympic party over even before it begins? With every passing day, Beijing is slowly going into lockdown. Read tomorrow's Metro for more.

**21** days remain until the official start of the 2008 Summer Olympic Games in Beijing.

# Millar making history

## Dean of Canadian riders going to 9th Games

Ian Millar is practically giddy as he rhymes off the attributes of *In Style*, his No. 1 horse: Durability, wonderful, natural technique and a knack for rising to the occasion.

"This horse just automatically dials up to the right level," says Millar. "I only have to think, 'Let's go' and he's gone, bang."

The 61-year-old dean of Canadian riders — the man they call Captain Canada — could be describing himself.

If Millar is slowing down at all, he has a strange way of showing it. He keeps his lean 6-foot-2, 175-pound frame in remarkable shape — he credits an hour of stretching every morning — and he remains among the top show jumpers in the world.

He has eight Olympics under his belt, more than any Canadian athlete, and will equal the record of Austrian sailor Hubert Raudaschl with a ninth appearance at the Beijing Games. His strong performance at the Pan Am Games last summer helped the Canadian show jumping team earn an Olympic berth.

For all his accomplish-

**"When you've got your hat off and you're saluting the flag and they're playing O Canada, that's the real deal right there."**

Ian Millar

ments, which include back-to-back wins in the prestigious World Cup with the legendary Big Ben in the 1980s, Millar has yet to step on an Olympic podium. He believes *In Style*, which he plans to bring to Beijing along with backup Redefin, has the qualities to help change that.

"If he has his week, absolutely, he could be a gold medal winner, no question," says Millar, whose competitive embers burn brightly.

He can't imagine not doing this and sees himself striving for the Olympics beyond Beijing. He remembers hearing about a swimmer who retired because he got tired of immersing himself in "that cold vat of chemicals and swimming up and down the pool, up and down the pool."

"The competition aspect he still really loved; it was the idea of the conditioning process he wasn't liking so much anymore," says Millar.

"We're very fortunate with the horses ... You're working with their minds as much as with their bodies. It's a very

challenging, interesting process to go through."

Millar's leadership abilities were on display last year at the Nations' Cup when Canada held a slight lead after the first round. He looked at teammates Eric Lamaze, Erynn Ballard and Mario Deslauriers and made a request.

"You know, I'd just as soon not ride this second round so make sure you jump clean," said Millar, who, as the ace on the squad, rides last traditionally. "They looked at me and just nodded. Then, they went out and did it."

"There's nothing that gives me more pleasure. I'd rather win a Nations' Cup somewhere or Pan Am Games with a team than win a \$100,000 Grand Prix. It's really not about the money. It's riding for Canada that drives me. When you've got your hat off and you're saluting the flag and they're playing O Canada, that's the real deal right there."

TORSTAR NEWS SERVICE

At 61, Ian Millar remains among the top show jumpers in the world.

HANS DERVY/  
TORSTAR NEWS  
SERVICE



## Comeback keeps Olympic basketball hopes alive

**BASKETBALL** Coming off one of its more stirring comeback victories in recent history and still clinging to a chance to qualify for the Beijing Olympics, the Canadian men's senior team faces a stern task, having dismissed one of its top players from the squad.

Even before a dramatic 79-77 comeback victory over Korea yesterday morning, rallying from 18 points down in the second half, team officials

had booted starting centre Samuel Dalembert from the squad.

"He's not on the team," head coach Leo Rautins said in a conference call.

The Philadelphia 76ers centre was held up as a shining example of commitment to the Canadian team after earning his citizenship and Rautins was non-committal when asked for a specific reason Dalembert

is no longer on the roster.

"Something like this just doesn't happen in one game or overnight, it's been brewing for a little bit," the coach said. "Everybody that's here now wants to be here and wants to part of

this team."

Dalembert had played poorly in Canada's opening-game loss to Slovenia but there was no hint his tenure with the team was in danger.

Without Dalembert, Canada recorded a stirring vic-

tory over Korea that propelled it into a sudden-death quarter-final with Croatia tomorrow.

Former Halifax Rainmen point guard Jermaine Anderson led the team with 32 minutes and collected 17 points, five rebounds and three assists.

TORSTAR NEWS SERVICE

## U-18 team gets in

At least one Canadian men's basketball team will be playing on a world stage next year. The national under-18 team has assured itself a spot in the under-19 world championships next year in New Zealand after two wins at a qualification tournament.

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## NHL

The Atlanta Thrashers have agreed to terms with restricted free agent goaltender Kari Lehtonen. Lehtonen, 24, went 17-22-5 with four shutouts, a 2.90 goals-against average and a .916 save percentage in 48 games with Atlanta last season. **METRO NEWS SERVICES**

# Sports

SPORTS EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONWS.CA

## Favre saga rolls on with tampering charge filed

**NFL** The Brett Favre retirement story continues to make interesting news with two developments yesterday, including a tampering claim.

Fox Sports reports Green Bay filed tampering charges with the NFL against the Minnesota Vikings for alleged communication with the future Hall of Fame quarterback, even though Favre's still a member of the Packers. The network reports Favre had inappropriate dialogue with Vikings offensive coordinator Darrell Bevell, a former assistant coach with the Packers and a close friend of Favre's.

If the Vikings are found guilty of tampering by the league, they could be fined or lose draft picks. Fox reports the NFL is currently in the "information-gathering mode" about the allegations.

Also yesterday, Favre's agent, Bus Cook, told ESPN that as of this point there were "no definite plans for reinstatement." Cook also told the cable network that Favre has made it pretty clear "he is not willing to come in as a backup" to Aaron Rodgers.

In a TV interview on Monday, the 38-year-old Favre admitted he pulled the trigger on retirement too early and that he's ready to play.

**METRO NEWS SERVICES**

Favre

# No Tiger, no problem

## Contenders not too upset world No. 1 missing at Open

**The British Open will enter unusual territory in today's opening round when a major championship takes place without Tiger Woods for the first time in more than a decade.**

The American world No. 1 has been sidelined for the rest of this year while he recovers from reconstructive knee surgery, opening the door for players such as Ernie Els and Sergio Garcia. Woods has triumphed six times in the last 14 majors, a remarkable record in a game renowned for its fickle nature, and his absence from any tournament clearly opens up the field.

Midway through last month British bookmakers William Hill listed him as a 5-2 chance to win the Open. After Woods ended his playing schedule for the year, Els and Garcia were installed as joint favourites at 12-1.

A triple champion at the Open, Woods will be sorely missed at Royal Birkdale but Els and his rivals plan to take full advantage.

"I'm not overly disap-

### winner's list

List of British Open winners, ahead of the July 17-20 championship at Royal Birkdale Golf Club in Southport, England:  
2007 Padraig Harrington  
2006 Tiger Woods  
2005 Woods  
2004 Todd Hamilton  
2003 Ben Curtis  
2002 Ernie Els (South Africa)  
2001 David Duval  
2000 Woods



Adam Scott of Australia signs autographs during the final day of practice yesterday ahead of the British Open at Royal Birkdale in Southport, England.

pointed he's not here," a smiling Els told reporters in the build-up to the third major of the season.

"For the tournament itself, it's a big blow, and for world golf, not to have the number one player playing, it's very different. You've got to talk about a lot more other players.

"I think he is so far ahead in the race we've kind of sagged back a little bit. Phil (Mickelson) still is the true No. 2 in the world."

Woods has not missed a major since the 1996 U.S. PGA Championship.

"This week there are quite a lot of players in the mix to stake a claim to be a favourite," added South African Els, British Open champion at Muirfield in

2002.

"For once I think everybody can be very excited."

Garcia, beaten by Irishman Padraig Harrington in a playoff in last year's Open at Carnoustie, shrugged off his billing as a Birkdale favourite.

"It doesn't feel any different," said the 28-year-old Spaniard who has posted six top-10 finishes in his last seven Open starts. "At the end of the day I know I've got to be favourite myself, in me."

While Garcia and Els head the list of challengers, Americans Jim Furyk and Stewart Cink, Australians Adam Scott and Geoff Ogilvy and British duo Lee Westwood and Justin Rose are also potential con-

## Oilers give Horcoff security

The Edmonton Oilers signed centre Shawn Horcoff, left, to a six-year contract extension yesterday. The 29-year-old native of Trail, B.C., was Edmonton's second-leading scorer this past season, compiling 21 goals and 29 assists in 53 games before undergoing shoulder surgery.

**Metro News Services**

## Murray to coach Kings: Report

**NHL** The Los Angeles Kings have reportedly settled on Terry Murray to fill their coaching vacancy.

The Los Angeles Times reports that, barring a last-second veto by any of the club's owners, the Kings will give their coaching job to Murray, who was an assistant coach with the Philadelphia Flyers last season.

Murray, 57, has been a head coach for the Washington Capitals, Flyers, and the Florida Panthers.

## New Clemens evidence found

**MLB** Convicted steroids supplier Kirk Radomski has given documentary evidence to the government showing that he shipped drugs to the Texas home of Roger Clemens, according to a report in the New York Daily News.

Clemens, a seven-time Cy Young Award winner, is under investigation by the federal government for perjury. **METRO NEWS SERVICES**

### Sports in brief

**NBA** The Toronto Raptors signed point guard Roko Ukic to a three-year contract yesterday. The 22-year-old Ukic was a second-round pick in the 2005 NBA draft.

**CYCLING** The Tour de France was hit by doping again yesterday when Moises Duenas Nevado became the second Spaniard to test positive for the erythropoietin (EPO).

**SOCCER** Former United States captain Claudio Reyna announced his retirement yesterday after struggling with injuries in Major League Soccer this season. **METRO NEWS SERVICES**

### SCOREBOARD

MLB					TONIGHT'S GAMES				
AMERICAN LEAGUE					AMERICAN LEAGUE				
EAST DIVISION					EAST DIVISION				
W	L	PCT	GB		W	L	PCT	GB	
Boston	57	40	.588	—	Philadelphia	52	44	.542	—
Tampa Bay	55	39	.585	½	N.Y. Mets	51	44	.537	½
N.Y. Yankees	50	45	.526	6	Florida	50	45	.526	½
Toronto	47	48	.495	9	Atlanta	45	50	.474	6½
Baltimore	45	48	.484	10	Washington	36	60	.375	16
CENTRAL DIVISION					CENTRAL DIVISION				
W	L	PCT	GB		W	L	PCT	GB	
Chicago Sox	54	40	.574	—	Chicago Cubs	57	38	.600	—
Minnesota	53	42	.558	1½	St. Louis	53	43	.552	4½
Detroit	47	47	.500	7	Milwaukee	52	43	.547	5
Kansas City	43	53	.448	12	Cincinnati	50	47	.513	7
Cleveland	41	53	.436	13	Pittsburgh	44	50	.468	12½
WEST DIVISION					WEST DIVISION				
W	L	PCT	GB		W	L	PCT	GB	
L.A. Angels	57	38	.600	—	Houston	44	51	.463	13
Oakland	51	44	.537	6	NATIONAL LEAGUE				
Texas	50	46	.521	7½	EAST DIVISION				
Seattle	37	58	.389	20	W	L	PCT	GB	
NATIONAL LEAGUE					Saskatchewan	3	0	.6	
EAST DIVISION					Edmonton	2	1	.4	
W	L	PCT	GB		Calgary	2	1	.4	
Philadelphia	52	44	.542	—	B.C.	1	2	.2	
N.Y. Mets	51	44	.537	½	WEST DIVISION				
Florida	50	45	.526	½	W	L	PCT	GB	
Atlanta	45	50	.474	6½	Hamilton	1	2	.0	
Washington	36	60	.375	16	Winnipeg	1	2	.0	
CENTRAL DIVISION					TODAY'S GAMES				
W	L	PCT	GB		Hamilton at Calgary, 10				
Chicago Sox	57	38	.600	—	TOMORROW'S GAMES				
St. Louis	53	43	.552	4½	Winnipeg at B.C., 11				
Milwaukee	52	43	.547	5	SATURDAY'S GAMES				
Cincinnati	50	47	.513	7	Montreal at Saskatchewan, 8				
Pittsburgh	44	50	.468	12½	SUNDAY'S GAMES				
Houston	44	51	.463	13	Edmonton at Toronto, 5				
WEST DIVISION					TONIGHT'S GAMES				
W	L	PCT	GB		Hamilton at Calgary, 10				
Arizona	47	48	.495	—	TOMORROW'S GAMES				
L.A. Dodgers	46	49	.484	1	Winnipeg at B.C., 11				
San Francisco	40	55	.421	7	SATURDAY'S GAMES				
Colorado	39	57	.406	8½	Montreal at Saskatchewan, 8				
San Diego	37	58	.389	10	SUNDAY'S GAMES				
TUESDAY'S LATE RESULT					Edmonton at Toronto, 5				
All-Star Game (at New York)									
American League 4 National League 3									
(15 ins)									
LAST NIGHT					TONIGHT'S GAMES				
No games scheduled					Hamilton at Calgary, 10				
					TOMORROW'S GAMES				
					Winnipeg at B.C., 11				
					SATURDAY'S GAMES				
					Montreal at Saskatchewan, 8				
					SUNDAY'S GAMES				
					Edmonton at Toronto, 5				

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Amherst's Chris Morehouse has committed to play for Saint Mary's Huskies next season, according to the Amherst Daily News. The Moncton Wildcats captain was the Canadian Hockey League's humanitarian-of-the-year award winner in 2007-08. **METRO HALIFAX**

# Head showing off swing skills

Dartmouth centre-fielder quickly developing into all-around player

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**Foot-speed has always been Chris Head's hallmark.**

The Dartmouth Moosehead Dry centre-fielder is a blur on the diamond. He owns the Nova Scotia Senior Baseball League's single-season record for stolen bases and is capable of a blazing 6.7-second clocking in the 60-metre dash.

"It's just natural," he explains. "I didn't have to work hard for it. It was always my thing and it was always what I was known for. I was never known to be a good hitter."

But lately, his bat has been getting more atten-

tion. The New Waterford native leads the league in batting average (.459), hits (39) and runs (31). It's a meteoric rise from the .315 average and 26 runs he managed last season, and he should surpass his 2007 total of 41 hits by week's end.

**"He's learned to sit back and wait for a pitch and drive it, rather than swinging at every pitch."**

Darren Doucette

His play has Dartmouth on a 10-game winning streak, good for first in the league with a 16-5 record.

"He's really rounded out his game," Dry player-coach Darren Doucette says. "He's learned to sit back and wait for a pitch and drive it, rather than swinging at every pitch he sees."

While the 22-year-old has never had to work hard on his speed, he has had to work hard to become a better hitter. He says he spent five days a

week in the gym during the winter, bulking up his 6-foot frame to about 185 pounds.

"I just wanted to increase my strength and power and hit balls deeper into the outfield," Head explains.

The added weight hasn't slowed the 2007 all-star down. As an encore to his record-setting 42 stolen bases last summer, he already has 25 this season with eight games left.

Doucette calls Head "the fastest guy in the league, for sure."

"Everything he hits on the ground is a base hit, that's how fast he is," says Doucette, a nine-time home-run champ. "I envy that. Everything I hit on the ground is an out."

Head was an all-American at Ulster Community College in Stone Ridge, N.Y., in 2006, but didn't get drafted into the Major Leagues. Now, he says he's just playing for fun.

"It's just something I love to do," Head says. "I've always loved the game. I'm just gonna enjoy my time with the Dry and try to help them win a (national) championship."



Chris Head, who was once known only for his foot speed, has people taking notice of his improved batting ability.

## Jung holds huge lead at tourney

**GOLF** Bedford's Irene Jung is poised for a wire-to-wire win at the Nova Scotia Golf Association junior girls championship.

The 14-year-old standout from The Links at Penn Hills had the low round for the third straight round yesterday, firing an 8-over 80 to take a whopping 29-stroke lead at the 72-hole event at the Eden Golf and Country Club near Bridgetown.

Bedford's Brynn Tomie of Northumberland sits second after shooting an 86 for a three-round 169.

In boys action, Eric Locke from the home club is also closing in on a wire-to-wire win.

He shot a 5-over 77 yesterday for a three-day total of 218, good for a three-stroke lead.

Oakfield's Luke Dempsey, a Bedford native, is hot on Locke's heels after shooting a 3-over 75.

Ashburn's Sean Stuart, also from Bedford, is six strokes back after shooting an even-par 72 yesterday. Truro's Eric Banks and Ken-Wo's Ally Tidcombe round out the top five.

The event concludes today. **METRO HALIFAX**



Irene Jung

### standings

Nova Scotia Senior Baseball League

	W	L	Pct	GB
x-Dartmouth	16	5	.762	—
Halifax	11	9	.550	4.5
Kentville	11	11	.500	5.5
Truro	9	11	.450	6.5
Sydney	4	16	.200	11.5
x — clinched playoff berth				



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## More ice time lures DiPenta to Sweden

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**NHL** Joe DiPenta couldn't turn down more ice time for the same salary — even if he had to leave the NHL to get it.

The Cole Harbour native, best known for bringing the Stanley Cup to HRM last summer, left the Anaheim Ducks on Monday to sign with Frolunda of the Swedish Elite League.

After taxes, he will make similar money to the US \$700,000 he earned with the Ducks in 2007-08.

The difference is, he expects to be a key player, instead of the spare part he became with the Ducks last season. He appeared in just 23 games and dressed just once after Feb. 2.

The depth role wore thin on the 29-year-old blue-liner.

"When you don't play, you get discouraged, and it is natural to get down and to not give it your all every day, which makes it impossible to be ready," DiPenta told Metro Halifax in an e-



Joe DiPenta brought the Stanley Cup home to Cole Harbour.

mail. "Mentally, it is a tough role to fill."

Frolunda's new head coach, Ulf Dahlen, spent the past two seasons as an assistant coach with the Dallas Stars, one of Anaheim's top rivals. He got a good look at DiPenta, who appeared in 171 games over three seasons with the Ducks.

"He saw me play there," DiPenta said. "He knows my style and what to expect. I feel confident they know the type of player they are getting, which makes me feel good."

### Sports in brief

**HOCKEY** Dalhousie Tigers men's hockey captain Neil Smith has decided not to return this fall. The 24-year-old defenceman has two seasons of eligibility remaining but has already completed his degree. He will play pro next season.

**HOCKEY** Former Acadia Axemen all-Canadian Kevin Baker has signed with the East Coast Hockey League's Florida Everblades. He had 56 points in 44 games with the Texas Wildcatters last season.

**DIVING** Cygnus diver Tom Gillis was Nova Scotia's top finisher at the Canadian diving championships in Thunder Bay, Ont., last weekend. Gillis placed eighth in one metre and ninth in three metre in the Group D class (ages 10 and 11).

**HOCKEY** New Glasgow's Derrick Walser, a former NHLer, has signed with Vitiaz Podolsk Chekhov of Russia's new Continental Hockey League, according to the team's website. The 30-year-old blue-liner spent last season in the American Hockey League. **METRO HALIFAX**



# New Homes

## House or condo?

It's all a question of lifestyle, experts say

JON TATTRIE  
for Metro Halifax



**Do you want to be carefree or be in control? When buying a home, the condo versus house decision largely comes down to that. A condo frees you from the maintenance side of living and lets you come and go as you please, while a house offers more room — and allows you to run the show when it comes to major repairs and considerations such as pets.**

Leah Cooper, from Dartmouth, has examined the grass on both sides of the fence. The 39-year-old recently sold her house and is now condo shopping.

"It's all about buying my lifestyle," she explains. "I keep hearing about people being afraid of the condo fees, but for me it totally removes the concern about taking care of a house, a yard and a driveway."

She previously owned a home with half a hectare of land, but "that was far too much to look after."

Condo living buys her time: She can live downtown and so saves time commuting. She also doesn't have to shovel snow or fix the roof, so she can spend that time on more enjoyable pursuits.

John Linders of ReMax says price is usually key in the house versus condo debate. You're going to spend a lot less on a condo, at least up front.

"The reason people do the downtown condo thing is because of the proximity to work and to everything — shopping, entertainment. It's a nice place for people who enjoy those sorts of things," the Halifax real estate agent says.

"Also, if you want to live in it part-time and be able to walk away for three or four months and not have a whole pile of worries like vandalism and break-ins — condos offer that security."

If you want to buy new, you're more likely to find new condo buildings

downtown, with new houses concentrated in the ever-expanding suburbs.

With both types of housing, unexpected repair bills can cause nasty surprises.

"Take, for example, replacing windows or replacing a roof: It's very expensive in some of these large buildings. The financial aspect is very important," Linders says. "Eyeball the building. Take a quick look from the outside. Are the bricks falling off? Are fault lines running way up the building's 15 storeys?"

But there are restrictions to condo living. Each unit has its own rules. Some may not allow pets while others offer pet parks. Do you have a cat, or want one down the road? Or maybe you hate dogs and fear finding yourself cheek-by-jowl with canines.

"Some (condos) even have a maximum number of guests you can have at any one time," Linders says.

And you had better hope for reasonable condo neighbours, because you will be sharing a roof and walls with them, as well as all the big financial decisions like fixing the roof. Are they quiet professionals or noisy students? Or noisy professionals?

You'd best find out before you sign on the dotted line.

### condo considerations

- Condo fees: Are they excessive? What is included?
- Age: How old is the building and what sort of yearly upkeep are you looking at?
- Reserve-fund study: Check out this legally required financial analysis of the money on hand for major works and projected expenditures.
- Heating: Is it included in the fee? What sort is it: Oil or electric? Unlike a house, you can't improve the insulation in a condo to save costs.

## Gas costs make some think twice about keeping cottage

JON TATTRIE  
for Metro Halifax



The soaring cost of gas is spurring more people to sell their cottages, as the drive for the weekend hits their pocketbook.

A recent survey by real estate agents Royal LePage revealed that the number of respondents looking to sell their weekend home if gas keeps going up has doubled compared with last year to one in five.

Phil Soper, CEO and president of Royal LePage, said that's a big jump.

"Last year when we asked the same question, it was approximately one in

10 people," he said after the release of the 2008 Royal LePage Recreational Property Report.

"This year, it was closer to two in 10: 19 per cent. That's a pretty significant change year-over-year ... in people's attitudes towards the cost of commuting to the cottage."

According to the price-watching website *Gasbud-dy.com*, the Canada-wide average price at the pumps was \$1.37 yesterday. That's up from \$1.08 at this time last year.

The same site has prices in Halifax topping the national average at \$1.42, up from \$1.12 last year.

But one transplanted No-

va Scotian family was undaunted. Grace and Steve Girard drove with their two young kids from Toronto to Halifax over the weekend to visit family. From here, they've got another hour-and-a-half drive to their cottage.

"It was about 21 hours," Grace said of the trip east. "We filled up before we left and then we filled up in New Brunswick."

That's at \$100 a tank for their minivan. But despite spending about \$500 to gas up for the summer cottage trip, the Girards have no plans to sell or skip the drive.

"It was still better than flying," Grace said.



This neighbourhood in the Stoneridge subdivision in the Armdale area has a mix of single-family homes and condominiums. There are advantages and disadvantages to owning both.

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# Finding the room's focal point

One of the basic rules of interior design is to choose ONE main focal point in any room.

Not two or three, because this causes visual confusion.

And not having a focal point is just as bad—the room lacks any visual interest as a result.

But there are many people not aware of this rule, judging from what the design team has seen.

A room looks much better with one clearly defined focal point. And that does not mean that the rest of the room has to be mush—you can incorporate mini focal points in the room, but they should not compete with the main focal point.

To have a focal point in a room means that the eye automatically travels to that place in the room first—and then moves to other less prominent places of interest.

Choose less dramatic pieces as mini focal points—they may be smaller, or when balancing items of the same scale in a room, they must simply be less “out there” compared to the focal piece.

The main focal point can be a large-scale architectural feature, such as a dramatic arch, a fireplace, a staircase, or a large pic-

## ArrestingDesign

Jeffrey Fisher & Tammy Schnurr



busted@arrestingdesign.com

ture frame window with a great view. If the room has no natural focus, you can make one with a dramatic painting, sculpture, or a large and beautiful piece of furniture, such as a china cabinet.

You may also create a focus by treating one wall of a room differently than the others — painting one wall a bright colour, or using a patterned wallpaper on one wall, for example.

In bedrooms, the focal point is often the bed, and here, beautiful bed coverings that coordinate with

the rest of the room are a must. You can accentuate this strong feature by adding a dramatic headboard, or mounting a commanding painting on the wall over the headboard.

A successful dining room design does not usually focus on the dining table, but instead on a buffet and an arresting painting above it, or a mirror, or a series of framed artwork. The focal point in a dining room can also be temporary—as simple as a bright and dramatic vase of flowers on the table.

Just remember to reconsider your focal point when your flowers are gone.

A living room focus is often a fireplace, or a large painting or mirror mounted above a sofa — usually on the longest wall in the room.

If you have both, play up one and make the other more subtle so there is no confusion about which is the main focus.

The fireplace usually has art above the mantel or propped on the mantel, and accessories should be simple and uncluttered. Leave the walls on either side of the fireplace free of art so the fireplace as the focus of the room is undisputed.

A television should not be a focal point in a living room (design crime!)—please keep it in a less prominent position.

After you define the focal point of your room, orient the furniture and other décor in such a way that they accent or “point” to the focus.

Lighting in the room should also draw attention to the focus—it should be plainly obvious as soon as you enter the room. A clear focus creates a better flow, and cleaner lines—it really does work!

Tammy Schnurr and Jeffrey Fisher are hosts of Arresting Design on W Network.



A living room's focal point is the fireplace, above. In bedrooms, accentuating the bed can produce dramatic results, below.



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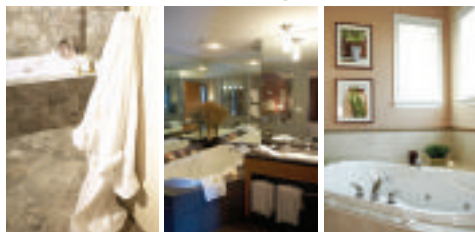
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**How to store herbs:** Just clip, rinse well and use. If buying a bunch, wrap stems in a damp paper towel or place stems in glass of water, loosely covered with a plastic bag and refrigerate. Herbs retain more flavour if left on stems until needed. Having your own herb garden means clipping 'just in time'. Just before using, rinse under running water and dry on paper towel. **METRO NEWS SERVICES**

# Food

**"Sturdier herbs such as rosemary and thyme keep longer than soft leaf herbs — basil, chervil, marjoram, dill, chives, tarragon and cilantro."**

-Barb Holland/for Metro Halifax



À la carte

**Barb Holland**

Metro Food Writer

I'm the first to admit I'm somewhat gardening challenged (it's the weeding I dislike), but I do grow a few tomato plants, a rhubarb plant that grows itself and pots and pots of herbs. It's such a pleasure to nip just the amount you need to toss in salads, vegetables, sauces ... and much more. Just be sure to clip your herbs just before using and use often:

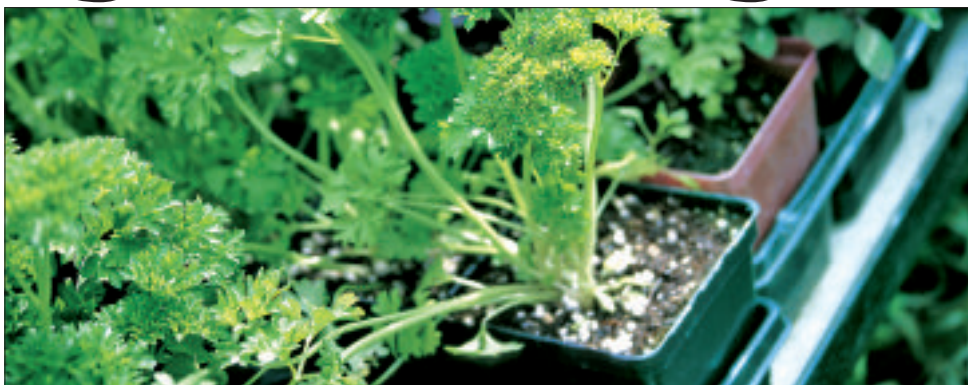
- Add fresh herbs to salads, toss some chive flowers in the mix for a surprise.
- Put sprigs of herbs — thyme, rosemary or sage on the grill of preheated barbecue, then place a boneless chicken breast, pork chop or fish steak or filet directly on the herb to infuse a smoky herb flavour. Place herb sprigs under the skin of chicken or turkey before roasting or grilling.
- Use sturdy rosemary sprigs as skewers when grilling baby potatoes, vegetables or pieces of fish. Use a metal or bamboo skewer to pierce ingredients, then insert the rose-

mary through the holes made by skewer.

- Try lemon thyme in potato or pasta salads, mashed potatoes or with fish.
- Pair tarragon with fish, particularly salmon, and add to salads, scrambled eggs, herb butters or sauces.
- Mint is a classic with new potatoes and lamb, green peas and beans, fruit salads and iced tea.
- Oregano is wonderful with lamb, fish and vegetable dishes and salads.
- A tradition in stuffing, try sage with winter squash, on pizzas and with pork and chicken.
- Try dill in bread, sauces and egg dishes, with potatoes, fish, seafood and lamb. Toss in coleslaw, potato salad, or blend with cream cheese to serve with smoked salmon or trout.

## Classic Pesto

Pesto is not limited to basil. Try cilantro, parsley, mint, marjoram or arugula. If you have a bumper herb crop, make pesto and freeze some of it. Ice cube trays are handy as you can pop out a cube or two as needed. Once frozen, pop pesto cubes into a freezer bag and use within 6 months. Aside from top-



Picked fresh from the garden, fresh herbs say summer in a big way. As for pesto, right, you can use it in countless dishes.

ping pizza or tossing with pasta, use to flavour cooked vegetables, stir into soups, stews or sauces. Top grilled fish, chicken or pork with pesto before cooking or spoon into mashed potatoes or on baked potatoes. Stir into cream cheese for a quick spread or into a yogurt or sour cream and mayonnaise mixture for a dip. Spread pesto on grilled bread before adding chopped tomatoes for a zesty bruschetta. Stir into egg mixture before scrambling or making frittatas or omelettes.

## INGREDIENTS:

- 1-1/2 cups (375 mL) cups loosely packed fresh basil leaves
- 1/4 cup (60 mL) flat leaf parsley leaves
- 1/4 cup (60 mL) pine nuts, lightly toasted
- 2 cloves garlic, roughly chopped
- 1/2 cup (125 mL) freshly grated good quality Parmesan cheese
- 1/3 cup (75 mL) extra virgin olive oil
- Salt and pepper

## METHOD:

Combine and whirl basil, parsley, pine nuts and garlic in food proces-



sor or blender until chopped. Add cheese; gradually pour in oil, processing until smooth. Season to taste with salt and pepper. Transfer to a small bowl and cover with plastic wrap, pressing plastic

wrap on surface to prevent browning. Use within a week, or freeze. Makes about 1 cup (250 mL).

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

# Popsicles all grown up

**Pops!** Icy Treats for Everyone introduces a whole new Popsicle — cool treats today's grown-up kids will be proud to serve. Author Krystina Castella is a writer, industrial designer, and faculty member at the Art Center College of Design in Pasadena, California. Quirk Books gave Metro a recipe for these refreshing, fruity treats:

## Blueberry Cheesecake Pops

These pops are based on my all-time favourite rendition of my classic no-bake cheesecake recipe. Silicone molds or paper cups are the best molds for these pops. Makes six 8-ounce pops or eight 6-ounce pops

## INGREDIENTS:

**Blueberry Topping:**  
3/4 cup blueberries

- 1 1/2 tablespoons cornstarch, sifted
- 2 teaspoons fresh lemon juice
- 1/4 cup sugar
- Cheesecake:**
- 8 ounces cream cheese
- 1/2 cup sugar
- 1/2 cup sour cream
- 1 cup heavy cream
- 2 tablespoons pure vanilla extract
- 2 cups blueberries
- Crust:**
- 10 graham crackers
- 6 tablespoons sugar
- 4 tablespoons unsalted butter, melted

## METHOD:

To make the topping: In a saucepan, combine the blueberries, 3/4 cup water, the cornstarch, lemon juice, and sugar and cook over low heat, stirring, for 5 minutes. Remove from the heat and let the topping stand to thicken. Set

aside.

To make the cheesecake: In a bowl, beat the cream cheese, sugar, and sour cream together until blended.

In a separate bowl, whip the cream and vanilla extract until the cream just starts to thicken, 1 to 2 minutes. Add the cream cheese mixture and beat for 30 seconds. Gently stir in the blueberries. Set aside.

To make the crust: In a food processor or blender, grind the graham crackers into crumbs. Add the sugar and process until combined. Transfer to a bowl and add the butter and 3 tablespoons water, stirring until sticky. Refrigerate until needed.

Pour the topping into each mold until it is one



These pops are based on Krystina Castella's all-time favourite rendition of her classic no-bake cheesecake recipe. Pops! Icy Treats for Everyone, inset, is available at Amazon.ca for \$13.10.

quarter full. Freeze for 2 hours.

Pour the cheesecake mixture into each mold, leaving 1/2 inch at the top of each mold for the crust. Insert the stick. Freeze for 3 hours.

Press the crust into the pop molds. If the crust is

not sticking together, add more water. Freeze for at least 4 hours.

Remove from the freezer; let stand at room temperature for 5 minutes before removing the pops from the molds.

## ALT POPS!

Strawberry Cheesecake

Pops: Replace the blueberries with sliced strawberries. Chocolate Cheesecake Pops: Replace the graham crackers with chocolate cookies and shaved chocolate. Replace the blueberries with chocolate chips and 1/2 cup chocolate fudge sauce.



# Entertainment

## Still on Idol

Mitch MacDonald, a carpenter from Port Hood, survived Canadian Idol eliminations Tuesday night. Next week, the 22-year-old will sing a song by his favourite dead musician.



## Taking Pride in Elton

Pride Week organizers plan tribute to singer

DEAN LISK  
dean.lisk@metronews.ca



**JOHN TRIBUTE** Anyone who misses out on Elton John tickets when they go on sale tomorrow — or just needs a Rocket Man fix before his September concerts — will want to mark Monday on their calendar.

As part of Halifax Pride Week festivities, local musicians will be performing songs by the legendary — and knighted — pianist and singer at The Music Room.

"It is so exciting," said organizer Ritchie Wilcox. "It works out so good because everyone is excited about Elton John coming, and it is the best time to hear people warm Halifax audiences up for his show. "Everyone loves his stuff."

A past Canadian Idol finalist, Wilcox is also the co-founder of Angels and Heroes Theatre. This is the company's second year producing a show to coincide with Halifax Pride. It produced a Rufus Wainwright show last summer. "We were thinking about how there needed to be more events during Pride in Halifax and we thought we could do something — and how many musicians are company was friends with."

He said the response from musicians was overwhelming last year, so they decided to hold the event again.

More than a dozen singers and theatre actors are taking part in the



Elton John

show, including Wilcox. He will perform I'm Still Standing.

Some of the other songs being performed include In-Flight Safety's John Mulane singing Daniel, Andrea Curry performing Sad Songs Say So Much, and Ian Sherwood doing a rendition of Philadelphia Freedom.

Wilcox said he is interested in hearing Charlie A'Court's rendition of Sorry Seems To Be The Hardest Word.

"I can't wait to see it because he is a blues artist and he is going to rock that Elton John song," Wilcox said.

Tickets to Angels and Heroes' Elton John Pride Tribute are \$10 and \$15.

Call 223-5371 for more information.

### Pride Week

For full coverage of Halifax Pride Week 2008 — which starts Sunday and runs through next week — check out tomorrow's edition of Metro Halifax.

# How's the story go? That's your decision

Theatre group gets audience input in its latest production

DEAN LISK  
dean.lisk@metronews.ca



**There isn't one plot or storyline in Quorum Theatre's upcoming production — there are more than 100 possibilities.**

"Everyone who is there is going to be actively involved in the decisions and in being part of the scenes," said Zachary Moull.

Moull is the writer of Bright Midnight And Other Precautions; a choose-your-own-adventure play where audience will decide the outcome of the story. It begins its run at the intimately sized venue The Space on Tuesday.

Set in Halifax, the play follows Julia Freeman, a paper shredder who spends her nights painting.

She becomes involved in a bold and controversial public safety project — the results of which the audience will decide.

It is being directed by Faith-Anne Hine, who started working on the play with Moull in April.

"It was insane," said Moull. "Neither of us had any idea how complicated it would be."

"Writing the script involved flow charts and all sorts of things like that."



Courtney Spencer plays Julia and Mark Bachynski plays James in Quorum Theatre's Bright Midnight And Other Precautions.

Moull and Hine both grew up reading choose-your-own-adventure books,

where people are asked to flip to a certain page depending on what choice

### If you go

**What:** Quorum Theatre's Bright Midnight And Other Precautions

**Where:** The Space, 2353 Agricola St.

**When:** Tuesday through Saturday, July 26

**Tickets:** \$5 and \$10. Call 422-6011, ext. 102

they make for the characters.

"I liked that you were taking an active role, you were making the decisions and were responsible for what was happening through the rest of the story," Moull said.

"It is not like a real novel where everything is set in stone."

Part of the inspiration for this project, he adds, came from his time as a camp counsellor. He would read choose-your-own-adventure books to the young campers.

"It was a balloon ride over the Sahara," Moull said.

"It would be our bedtime story, and we spent a good three weeks going through this one book because we can do it more than once."

It will be the same with the play, except — with a limited run — only five of the possible storylines will be acted out for audiences.

## 2b Theatre gets funny with fundraiser

DEAN LISK  
dean.lisk@metronews.ca



**FUNDRAISER** 2b Theatre is bringing a south-of-the-border feeling to Halifax on Tuesday with its annual fundraiser, and a performance of the one-act comedy Mexico City.

"I am describing this as two-part party and one-part fundraiser," said theatre co-founder Anthony Black.

The night-long event, called Summer Fiesta Fundraiser, will feature

music, drink and food, and entertainment — including the 20-minute play.

The company is currently performing Mexico City in Chester, and is bringing it to metro for one night.

The one-act play is about a couple recounting their ill-fated trip to Mexico City in 1960.

Proceeds from the event will support the theatre company's summer season.

Tickets are \$20 and can be reserved by calling 453-6267. The doors open at 8 p.m.

## Mother Goose Fest will rock Alderney

**FAMILY FUN** Parents looking for a fun way to spend time with their children will want to head to Alderney Landing for the Mother Goose Festival.

The event takes place from 10 a.m. to 1 p.m., and will feature crafts, games, and an original story about the spoiled Princes Plum — written by Halifax actor Garry Williams.

The Mother Goose Festival will be held in Ferry Terminal Park. Admission is free.

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**Rolling Stone enters rehab**

Rolling Stones guitarist Ron Wood has entered rehab for a drinking problem, his spokeswoman said on Wednesday.

REUTERS

# Whole lotta Zzzzs

## Zeppelin reunion talk puts Robert Plant to sleep

BRIAN TOWIE

brian.towie@metronews.ca

**Expect more work from Robert Plant and Alison Krauss, but forget about a Led Zeppelin reunion tour anytime soon; it puts Plant to sleep.**

During a press conference at the Molson Amphitheatre in Toronto this week where the shaggy-haired rock front man and country singer Alison Krauss were presented with platinum awards for their Grammy-winning collaboration *Raising Sand*, a reporter asked Plant to address rumours of reuniting with his ex-band mates following a one-off benefit concert in London late last year; Guitarist Jimmy Page stoked speculation in January, saying he's willing to participate.

Plant responded to the question by putting his head down, churning out a couple of snores and wailing, "Wake me up when

she's gone."

It's evident that the exasperated Plant — who turns 60 in August — has had the biscuit with answering questions about his alma mater and would rather speak to the work of his golden years — being the success of the album and its subsequent tour that has been extended by nine dates. Plant says he jumped on to broaden his musical horizons.

"I'm just trying to develop taste before it's too late," quipped Plant while sitting next to Krauss.

The project was in part the brainchild of producer and

leader of Plant's and Krauss' backup band T-Bone Burnett — fusing a bluegrass icon with a rock legend and seeing what would transpire. *Raising Sand* has sold more than 1 million copies in the U.S. and more than 100,000 copies in Canada, a triumph in an age of digital down-

### Raising Sand

Robert Plant and Alison Krauss' *Raising Sand* debuted at No.2 on the Billboard 200 chart in October 2007.

loading and piracy that neither Plant, Krauss, nor Burnett saw coming, but are hoping to repeat. Krauss confirmed that she and Plant are currently hashing out plans for a second release.

"We were interested in pleasing ourselves, and that's what happened," said Krauss. "We were just thrilled with the reaction. We're very happy about it, and yeah, we're talking about continuing working."

The unlikely pairing of Alison Krauss, left, and Robert Plant has been a surprising success. The duo's album *Raising Sand* has sold 100,000 copies in Canada.

GETTY IMAGES FILE

## Jazz festival listings

**MUSIC** Fans of Symphony Nova Scotia will want to check out the Cathedral Church of All Saints tonight. Composer, pianist and symphony conductor Dinuk Wijeratne will be joined by musicians Kinan Azmah and Mayookh Bhaumik as part of the Atlantic Jazz Festival's Cathedral Concert series. Here is a look at what else is taking place today and tomorrow at the 22nd annual festival:

### TODAY

**Mainstage Tent:** L'Orkeste des pas Perdus, and Michael Occipital's Sicilian Jazz Project. 8 p.m. \$20 and \$30.

**Commons Room:** Michael Donato Trio featuring Marin Nasturica and Jon Geary. 9 p.m. \$25 and \$32.

**Stayner's Wharf:** Roberto Occhipinti. 11:30 p.m. \$10.

**Cathedral Church of All Saints:** Kinan Azmeh, Dinuk Wijeratne, and Mayookh Bhaumik. 7 p.m. \$15 and \$20.

**Free Daytime Concerts:**

### more information

For more information on the musicians and venues, or to buy tickets, visit [jazzest.com](http://jazzest.com).

The Deep River Boys, Jelly Roll Dixieland Jazz Band, NSCC Jazz, Thunderbolts and Ensemble Remi-Jean LeBlanc. Noon. Free.

### TOMORROW

**Mainstage Tent:** Salsa Picante and Latin Groove. 8 p.m. \$20 and \$30.

**Commons Room:** Michael Pyeng Threadgill. 9 p.m. \$25 and \$32.

**Stayner's Wharf:** Ensemble Remi-Jean LeBlanc. 11:30 p.m. \$10.

**Cathedral Church of All Saints:** Andre Downing's Arts and Letters Ensemble. 7 p.m. \$15 and \$20.

**Free Daytime Concerts:** Mark Duggan, Scott 'n' the Rocks, Jazz Latin Orchestra, East Collective, and The Extremities. Noon. Free.

METRO HALIFAX

### In brief

**ART** Halifax has a new art gallery. A group of local artists will officially open ART 1274 Hollis — which is located at 1274 Hollis St — on Saturday at

2 p.m. The gallery will host an eclectic assortment of works by local artists. It will be open daily from 10 a.m. to 6 p.m.

METRO HALIFAX

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# Around the world here in Halifax

Jamie suffers sensory overload and he takes in various festivals held in the city

## HalifaxScene

**Jamie Paterson**

It was a symphony of street festivals this past week. Your Man on the Scene was out so much, there's wasn't a meal I didn't eat on a paper plate or a beverage that wasn't consumed from a plastic cup. How I love summer in Halifax!

The week took me from one end of Spring Garden Road to the other, starting with the TD Canada Trust Atlantic Jazz Festival. The main tent took over the corner of Spring Garden and Queen, but the music drifted for blocks.

There's nothing cooler, daddy-O, than wandering on a Sunday afternoon with a cold beer and the hot sounds of Samba Nova and Nu Gruv flowing from the main stage. It was part of the Afternoon Dance Party in the tent, one of many free afternoon shows offered all week.

The music continues until Saturday night with a big show from Afro Musica and ECMA-nominated jazz giants TONIC. More information and show schedules can be found at [www.jazzeast.com](http://www.jazzeast.com).

One of the great things about this past weekend was the chance to stroll down the middle of Spring Garden Road without taking life and limb into your own hands! The street was closed to traffic all weekend for the third annual Summer Fiesta and Street Party.

Merchant sidewalk sales were jammed with people enjoying the sunshine, grabbing a drink at a patio and grooving to the bands playing on a couple of stages.

Artists were busy for blocks creating drawings in chalk, amazing me with what they could do. I finally get the chance to walk down the middle of Spring Garden Road and I'm afraid to because I don't want to mess up the artwork!

On Saturday, Club Caliente tried to teach some old dogs some new tricks with salsa dancing lessons late into the night.

Speaking of dogs, when did Halifax become such a dog-friendly city? Every-



Amanda Goodall, centre, and her "stagette entourage" prepare to paint the waterfront red on her last night as a single woman.



Rema Bitar and Kayla Bitar keeping everybody hydrated at the annual Lebanese Festival.



Rebecca Dickens at the Lower Deck with Q104's BJ Burke.

one seemed to be on the end of a leash, and it was great to see many busi-

nesses opening their doors for dogs with pet bowls outside and signs in the window welcoming the canine crew.

Now if I could only find a pub that would let me bring in Dexter the Wonder Wheaton ...

It was food as far as the nose could smell this past weekend at the annual Lebanese Festival in Halifax. Kibbi, tabouleh salad, hummus, falafel and kafta were all served up and savoured at Saint Antonios Church on Windsor Street.

More than the food, it



Fernanda Barrios and Fernando Sablone at the annual Lebanese Festival.

was a chance to learn about the rich Lebanese culture that is such a part of the Nova Scotia fabric. There were live cultural performances with over a dozen dubkes (traditional Lebanese folk dances), singers from the community and a band. A large cultural exhibit featured Lebanese history, geography, and clothing.

My journey around the world without leaving the city wrapped up in Dartmouth with the Halifax Highland Games, for the first time being held at the Dartmouth Common.

Besides the pipe and drum competitions, "The Heavy Events" are the big draw. Many of the events



We DO have more fun! Jill Edwards, from left, Marla Hume, Cara Boston, and Charlene Miller stopping traffic at the Lower Deck.



Cool Jazz on a hot day. Diana Lesperance and Nadine Beed kick back at the Atlantic Jazz Festival mainstage tent.



Jennifer Joudrie, left, celebrates her birthday with friends Melisa Gullens and Nicole Brace on Friday night at Peddlers Pub.



Inez Baillie, left, and Katie Ness with magician Rod Doiron at Peddlers Pub.



The Bounce's Kevin Northup and Courtney Jones at the Summer Fiesta and Street Party.

originated in Scotland during the 12th century and were adapted from warfare, such as the caber toss coming from the practice of throwing logs across a moat or up against a wall

when storming a castle. I'll be storming the city again next week — see you then!



## Hume steps back at Fox News

Fox News Channel anchor Brit Hume will take a reduced role at the network following the elections. Hume won't retire completely but will no longer be Fox News' Washington managing editor nor anchor of the 6 p.m. newscast Special Report. **REUTERS**



Michael J. Fox.

## Fox guest stars on Rescue Me

**TELEVISION** Actor Michael J. Fox, semi-retired from show business due to Parkinson's disease, will return to television next spring as a guest star on the firefighting drama *Rescue Me*, the FX cable network said Tuesday.

Fox, 47, will portray the wheelchair-bound boyfriend of the ex-wife of the show's lead character, New York City firefighter Tommy Gavin, played by Denis Leary, said FX spokesman John Solberg.

Canadian-born Fox has signed on to appear in four episodes of the upcoming fifth season, starting with a premiere episode in the spring.

"It's terrific news, he's a phenomenal actor," Solberg said. "He and Denis have been friends for a long time and it's a great fit and should be very funny as well."

REUTERS

## Katie Holmes' return to Eli Stone

### REPRISING

### ROLE

Actress Katie Holmes

will make a guest appearance on ABC's

critically acclaimed

Elia Stone this season,

returning to U.S. network television in a role

that will feature her singing and dancing,

network executives said on Wednesday.

Holmes, 29, who is married to film star Tom Cruise, is due to shoot the guest spot before she makes her Broadway debut this fall in a revival of Arthur Miller's *All My Sons*, alongside Dianne Wiest and John Lithgow.

ABC Entertainment President Stephen McPherson, speaking to a gathering of reporters, said Holmes had wanted to reunite with Eli Stone executive producer Greg Berlanti, with whom she worked on Dawson's Creek, the TV teen drama that made Holmes famous in the late 1990s.

REUTERS

# Will Leno get new home on network?

**TAKING IT ON THE CHIN:** Last week, Jay Leno made a very jabbing gag at NBC, his network home, by joking about the prophetic nature of a fake newspaper headline referring to his new show on ABC. As open secrets go, ABC's courting of Leno is up there with Liberace being gay, with the major difference being that no one was trying to replace Liberace with George Michael.

As we all know, Leno is being eased out from behind the desk on the *Tonight Show* so that Conan O'Brien can move west and goose up the youth demographic on the show — or at least that's the theory from the folks in marketing. "I can't believe that they're going to let this guy go at the top of his game," ABC entertainment president Steve McPherson said about Leno to a crowd of journalists at the TV Critics Association summer press tour yesterday, underlining his interest in giving Leno a new home on his network.

## IntelleVision

**Rick McGinnis**

rick.mcginis@metronews.ca

To dispel rumours that giving Leno a deal would put Jimmy Kimmel's nose out of joint, ABC had Kimmel infiltrate the ranks of the press at the tour, pretending to be a reporter from Syracuse, NY, and the newly single chat show host "peppered" McPherson with questions about Leno, and whether a certain talk show host currently employed by the network would be angry about sharing the spotlight.

According to a story in *TV Week*, McPherson said Kimmel "was going to be an asset for us for many years to come." Broadcasting & Cable magazine had McPherson adding "I can't say enough about Jimmy, his show just exploded this year."



Leno is being eased out of the *Tonight Show* so that Conan O'Brien can move west and attract a younger demographic.

If you're wondering why two big networks are giving each other the hairy eyeball while making a big show about the value of a talk show host holding a pink slip, you have to remember that late night talk, like "event" reality TV shows, such as *Idol* or *So You Think You Can Dance*, are the last two remaining non-news programming that networks

can rely on to draw viewers to the TV either at the time they air or very shortly after they've TiVo'd the show.

As a very scary new world of season-free, on-demand, downloaded TV content teasingly dawns, the networks are desperate to cling to a business model they understand, and a tug of war over a second-rate stand-up comic is just

**"If there were a score of Lenos to keep viewers glued to their tubes on a clockwork schedule, the network future would be bright."**

the sort of thing to distract them from the very pressing business at hand, for which they're both ill-prepared and essentially unprepared. If there were a score of Lenos to keep viewers glued to their tubes on a clockwork schedule, the network future would be bright, but right about now it's more like the opening scene of *The Wizard of Oz*, all ominous, sunless skies and brewing twisters on the horizon, and they'll be getting scant comfort from pretending Leno is homecoming queen.

Rick McGinnis writes about music, movies, books and television, but not opera.

	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	
7/17/08	31	31	31	ABC	News (N)	ABC News	Inside Chronicle	Ugly Betty		Grey's Anatomy		Hopkins	
	7	7	7	ASN	Twice in a Lifetime	Fortune	Jeopardy!	Ugly Betty		Grey's Anatomy		Collector	
	11	11	11	CBC	Coronatin	Who Do	iPod (DVS)	The Call (N)		National		The Hour	
	2	2	2	CBC-F	Providence (SC)	Des sque	Mosque	Perdus (HDTV) (SC)		France		Téléjournal	
	32	32	32	CBS	News (N)	CBS News	Insider	Entertain		American Dog	CSI: Crime Scn	Swingtown	
	69	69	69	CTFM	TVA 18h	Sûre-salé	Les Gags	Jerry chez les cinques (1964)		Héros "La Fille d'eux"		TVA 22h	
	6	6	6	CHIF	Entertain	ET	Swingtown (N)	Last Comic Standing (N)		You Can Dance		News (N)	
	9	9	9	CJCH	eTalk	Jeopardy!	Law Order: CI	CSI: Crime Scn		You Can Dance		News (N)	
	10	10	10	ELTV	(6) EastLink	Television		Podium TV		EastLink Television			
	36	36	36	FOX	Simpsons	King-Hill	Two Men	Two Men		You Smarter?		You Can Dance	Fear Itself
prime time	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	Last Comic Standing (N)			Fox First	
	29	29	29	NW	BBC News	Business	News (N)	Our World	The Hour		National	Nature	
	4	4	4	PBS-B	News-Lehrer	News-Lehrer	Boston	Basic B	The War of the World		The Jewish Americans	Home	
	35	35	35	PBS-D	News-Lehrer		Business	BBC News	TBA	Hometime	Ask This	Michigan	War World
	68	68	68	TQS	Simpson	Flash	Albert	Campings	La Filature *** (1987, Suspense)				110 p c
	23	23	23	BNN	Stars	Business News		Market	Legal	Smil Caps	Taking Stock		Market
	18	18	18	CNN	The Situation Room		Lou Dobbs Tonight		CNN Election Center		Larry King Live		Cooper
	54	54	54	GOLF	PGA Tour Golf		Live From the Open Championship (Live)		Live From the Open Championship (Live)		Live From the Open Championship (Live)		
	52	52	52	RSE	Prime Time Sports		MLB Baseball Detroit Tigers at Baltimore Orioles. (Live)		MLB Baseball Detroit Tigers at Baltimore Orioles. (Live)				Sportsnet
	55	55	55	SCOR	Drive This	Game On	Schwab	Schwab	Poker Aussie Millions		Road to Redemption		Update
news	45	45	45	SPD	Pinks - All Out		Pinks - All Out		Pinks - All Out		Pinks - All Out (N)		Wrecked
	53	53	53	TSN	Off-Record	Sports	Interrupt	Billiards		CFL Pre	CFL Football		
	43	43	43	FAM	Zoey 101	Life Derek	So Raven	Smart Guy	Suite Life	Sadie	Montana	Life Derek	School
	44	44	44	TOON	6teen	Johnny T	George	Melodies	Loonatics	6teen	Total Dra	Futurama	Batman
	26	26	26	TRVE	Fifi	Backyard	Ni Hao	Nght Grdn	Wiggle	Franklin	Little Bear	Spider	Couch
	27	27	27	YTV	Drake	H2O Just	Malcolm	Prank Ptri	Fries	Futurama	Prank Ptri	Mystery	Falcon
	16	16	16	A&E	Cold Case Files		CSI: Miami		The First 48		The First 48		First 48
	70	70	70	APTN	First Talk		News	Legends	Spirit		Canadian Geographic	Tricksters	The Mix
	50	50	50	BET	106 & Park: BET's Top 10		Live	Hell Date	Blk Carpet	BET Awards '08			
	37	37	37	BRVO	Street Legal		Spirit	In Mind	Singing Home		Crouse (1988, Adventure)		
sports	60	60	60	CLT	Help TV		The West Wing		Loving Evangeline (1998, Romance)				Traders
	25	25	25	CMT	Ultimate "Concerts"				Reba	Totally	CMT Giants: Reba		
	49	49	49	COM	Laughs	Comics!	Air Farce	22 Min	Laughs	Mercer	Simpsons	S. Park	VIP
	153	153	153	COURT	Truth, Duty, Valour		On Trial	SWAT	The Practice		Psychic	Cps uncut	Investi
	38	38	38	DISC	How-Made	How-Made	Daily Planet		Mayday		Mayday		MythBust
	34	34	34	HGTV	Holmes on Homes		House	Property	Holmes on Homes		The Fix	Disaster	Junk
	46	46	46	HST	Disasters	Mastrmnd	NCIS		UFO Files		UFOs-Cold War		NCIS
	17	17	17	MM	Punk'd	Instant	Instant	Born to Be	Muchmusic Countdown		Instant		Instant
	19	19	19	MMM	Profile	mmmtop10.com		Back In	Popaganda		VH1 Rock Honors		
	201	201	201	MT	Imitation	(7:45) Stardust *** (2007, Fantasy)					Dedication (2007)		
family	48	23	23	OLN	Don't Forget		Departures		Cycling Tour de France Stage 12: (N)				
	51	51	51	PEACH	Friends	Seinfeld	Fam. Guy	Fam. Guy	Lara Croft Tomb Raider: The Cradle of Life (2003)				
	206	206	206	PIX	For Your Eyes Only		Hang Em High *** (1968, Western)				End of Days (1999, Horror)		
	67	67	67	RDI	RDI en direct (SC)		Actualité	400 fois	Grands reportages		Le Téléjournal (SC)		Actualité
	39	39	39	SHOW	Trailer	Billable	ReGenesis		Intelligence		G-Spot	Exes Ohs	Diary
	40	40	40	SLICE	Skin Deep	OpenSoon	End Leash	Debt Part	Rich-Poor Bride		Last 10	Brides	Loser
	47	47	47	SPACE	Relic Hunter		Stargate SG-1		Star Trek: Voyager		The Triangle "Part One"		
	14	14	14	SPAKE	CSI: Crime Scn		CSI: Crime Scn		CSI: Crime Scn		TNA Impact! (N)		
	57	98	98	STAR	At Movies	Treatment	Look Like	Hollywood	TMZ	eTalk	Katie & Peter		Tonight
	21	21	21	TLC	What Not to Wear		LA Ink (HDTV)		Monster G	Monster G	American Chopper		Miami Ink
cable variety	56	34	34	TROP	Tube	Vanity	Inside Hollywood		ET	What	Fam. Guy	Seinfeld	Seinfeld
	20	20	20	TVS	Champion	J'nal FR2	Toute une histoire		On n'est pas couché				Partir
	28	28	28	V	Emily of New Moon		Murder, She Wrote		May-Dec.	Keep Up	Manhattan *** (1979)		
	22	22	22	W	Shopping	House	Will-Grace	Friends	Divine	House	Colour	House	House
	251	251	251	WGN	My Wife	Jim	Two Men	Fam. Guy	Smallville		Supernatural		News

## critics' corner

### The Triangle

A billionaire (Sam Neill) who's lost many ships in the Bermuda Triangle assembles a team of experts to investigate the mystery in this three-part miniseries. They include an oceanographer, a meteorologist, a psychic and a tabloid journalist (Catherine Bell, Michael Rodgers, Bruce Davison, Eric Stoltz). Not on the team but a big help to the investigation is a survivor (Lou Diamond Phillips) of a Triangle disaster who hasn't been right since. 10 PM on SPACE



### MythBusters

"Like shooting fish in a barrel" implies that something is incredibly easy — like having a barrel packed to the gills (pun intended) with fish, making it impossible to miss hitting one if you fired a weapon into it. But Jamie and Adam think the saying means it's easy for a bullet to cut through water and enter Mr. Fishy's body. To that end, they shoot at a dead fish resting in a barrel that's mostly empty. 6 PM on DISCOVERY

### Swingtown

Dude. If you've cheated on your wife, you do not make plans without consulting her. In this new episode, Tom (Grant Show) throws a pool party but neglects to bring it up with Trina (Lana Parrilla), who's still unhappy about his affair. An unemployed Roger (Josh Hopkins) seeks counsel from Susan (Molly Parker), while Bruce (Jack Davenport) gets a little too close to a co-worker (Rachelle Lefevre) for comfort in "Heatwave." 8 PM on CHIF; 11 PM on CBS

### Fear Itself

Many of us have had an unpleasant New Year's morning, depending on how late we stayed up — and what we consumed — the night before. But the heroine of the new episode "New Year's Day" has it harder than most. Briana Evigan stars in the tale of a young woman who wakes up to a post-apocalyptic world populated by zombies. She'll need to keep her wits about her in more ways than one. Cory Monteith ("Kyle XY") also stars. 11 PM on NBC



Morgan Freeman feared for James McAvoy's health on the set of their movie *Wanted*, after witnessing his co-star pushing himself to the limit. McAvoy's was required to slave four nights a week in the gym to transform his physique. **IMDB.COM**

## Celebrity Buzz

# Beckinsale feared L.A. infection

**LOOKS** British actress Kate Beckinsale was "frightened" about moving to America — because she was convinced she would be forced to undergo a full body makeover.

The *Underworld* star transferred to America with her ex-husband Michael Sheen six years ago — and was worried that her English looks would set her apart from other actresses.

She tells British newspaper the *Daily Express*, "I was very fright-

ened of L.A. at first. I thought the first thing that would happen is they are going to file my teeth down, inflate my bosom and just be mean to me — and that's sort of what has happened."

And the star confesses that although she is now settled with her husband

and daughter she didn't foresee the domestic bliss she now enjoys.

**METRO NEWS SERVICES**



## Jolie-Pitt twins named last-minute

**BABIES** New parents Brad Pitt and Angelina Jolie were so desperate to find the perfect names for their newborn twins, they were still undecided until the last minute, **imdb.com** reports.

The actress gave birth to son Knox Leon and daughter Vivienne Marcheline by Caesarian section in Nice, France on Saturday.

But according to the New York Daily News, the couple almost named their newborn son Rex.

A source tells the publication the pair ordered an embroidered play mat

from baby website *plain-mary.com* with the name Rex Leon Jolie Pitt — just weeks before the newborns' birth.

Jolie and Pitt are already parents to adopted children Maddox, aged six, Pax, four, three year old Zahara, and biological daughter Shiloh, two.

**METRO NEWS SERVICES**



## A-Rod's All-Star party flops

**SNUB** Alex Rodriguez's teammates must wish they could divorce him too. "He's become a huge distraction with the Madonna fiasco," a source told *PageSix.com*. "It's always all about him." That explains why none of his fellow Yankees went to the All-Star bash he hosted at Jay-Z's 40/40 Club Monday night.

Instead, his mommy, Lourdes, and his new best friends, Guy Oseary and Ingrid Casares, were by his side in a corner booth as he threw back shots. And Casares was then spotted leaving A-Rod's Park Avenue pad yesterday afternoon. Reps from Berk Communications, who'd slapped Madonna's name on their tip sheet for the event, kept insisting she was on her way, but she never showed. Instead, A-Rod was entertained by big-busted hotties who shimmed to Material Girl tunes and desperately tried to make eye contact with him.

**METRO NEWS SERVICES**

## Mendes happy with low-profile stint in rehab

**HELP** Hollywood actress Eva Mendes has praised the world's press for not "trashing" her over a recent stint in rehab, **imdb.com** reports. The 30-year-old entered Utah's Cirque Lodge centre in February.

And although Mendes has refused to confirm exactly why she needed professional help, she is pleased by the lack of negative stories about the incident.

She says, "Actually, the media has been pretty nice to me. They've really trashed some people, so I'm actually thankful that it didn't get too crazy."

**METRO NEWS SERVICES**



## Alba talks of zen-like birth

**BIRTH** New mom Jessica Alba refused to make a sound during the birth of her newborn daughter — because she wanted the experience to be like a "meditation," **imdb.com** reports. The 27-year-old star gave birth to daughter Honor Marie — her first child with husband Cash Warren — last month. And Alba is convinced a quiet delivery room was the key to avoiding her labour pains.

**METRO NEWS SERVICES**

## Weight gain is for a role: Longoria

**RUMOURS** Eva Longoria Parker has laughed off rumours she is pregnant, insisting her recent weight gain is for her role in TV series *Desperate Housewives*.

The actress claims her new bob-style haircut and slightly fuller figure are a reflection of changes in the life of her on-screen character Gabrielle Solis, who becomes a mother-of-two in the forthcoming fifth season.

The star's representative, Liza Anderson, tells *People.com*, "She's a worn out mother with two kids. And even that (the weight gain) was not enough. She's also wearing butt pads and a stomach pad to play the part."

Longoria Parker, 33, has been dodging rumours she is expecting her first child after she was photographed in a bikini with an apparent baby bump while on a European vacation last week. **METRO NEWS SERVICES**

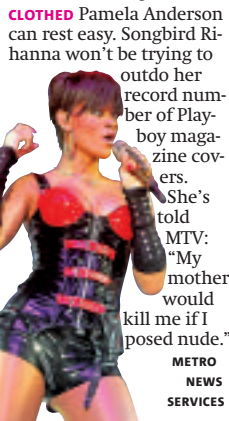


## celebrity brief

### Rihanna says no to nudity

**CLOTHED** Pamela Anderson can rest easy. Songbird Rihanna won't be trying to outdo her record number of Playboy magazine covers. She's told MTV: "My mother would kill me if I posed nude."

**METRO NEWS SERVICES**



## celebrity brief

### Lohan's probation going well

**COURTS** A Los Angeles judge agreed with the Lindsay Lohan's attorney today when he determined that she was doing well regarding the various obligations she has been required to attend as part of her probation.

**METRO NEWS SERVICES**



## celebrity brief

### Andy Dick arrested for drugs, battery

**CRIME** Wacked out crazy comedian Andy Dick was arrested early yesterday in Murrieta, Calif. on suspicion of drug possession and sexual battery. Cops busted the 42-year-old Dick just before 2 a.m. yesterday in the parking lot near a restaurant.

**METRO NEWS SERVICES**



## celebrity brief

### Riot closes Nelly Furtado concert

**SECURITY** Nelly Furtado's latest concert ended in a riot, various media reports. The Maneater singer was playing in Moscow on Sunday when Russian rapper Timati tried to get on stage to perform a planned set with her.

However, venue officials refused to let Timati near the singer, leading to Nelly's security team becoming involved. The incident quickly descended into a brawl.

**METRO NEWS SERVICES**

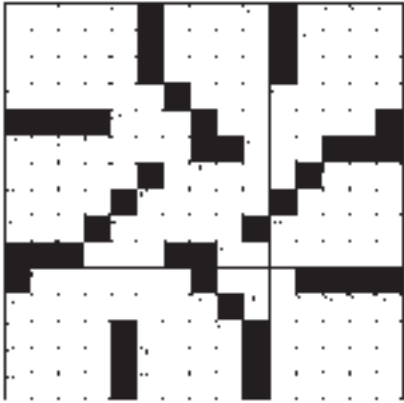




**Director** Terry Gilliam has slammed the promotional campaign for the new Batman movie — insisting movie bosses are using Heath Ledger's tragic death to generate publicity for the movie. **IMDB**



## Take Five



## Crossword across

- 1 Jump over
- 6 Not up yet
- 10 Clapton or Heiden
- 14 Certain wolf
- 15 Dry watercourse
- 16 Cafe handout
- 17 Sudden charge
- 18 Joule fractions
- 19 Cotton unit
- 20 Fluffed, as hair
- 22 Out of wind
- 24 Type of microscope
- 26 Most arid
- 27 Cough drop
- 31 "Nightmare" street
- 32 Breezing through
- 33 Dorm climbers
- 36 Pantyhose shade
- 39 Natural elevs.
- 40 Realtor

- 41 Burrowing rodent
- 42 Wetland area
- 43 White as a ghost
- 44 Nail cousin
- 45 Lion's quarry
- 46 Like dinosaurs
- 48 Kitchen wear
- 51 Estuary
- 52 Botany and physics
- 54 Be hospitable
- 59 Salad veggie
- 60 Types
- 62 Minolta rival
- 63 Pharaoh's god
- 64 Skip past
- 65 1961 Heston epic
- 66 Thomas Hardy heroine
- 67 Specify
- 68 Animals that bark

## This day in history

- JULY 17, 1682: Catherine II becomes czar of Russia upon the accidental murder of Peter III of Russia.
- JULY 17, 1791: Members of the French National guard under the command of General Lafayette open fire on a crowd of radical Jacobins at the Champ de Mars, Paris, during the French Revolution, killing as many as 50 people.
- JULY 17, 1944: In World War II napalm incendiary bombs were dropped for the first time by American P-38 pilots on a fuel depot at Coutances, near St. Lô, France.
- JULY 17, 1962: The "Small Boy" test shot Little Feller I becomes the last atmospheric nuclear test detonation at the Nevada Test Site.

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## Crossword down

- 1 Battery word
- 2 The chills
- 3 Longest arm bone
- 4 Journey parts
- 5 Cornering
- 6 Dazzle
- 7 Fishhook part
- 8 Crept
- 9 Circumspect
- 10 Logo
- 11 Paper quantities
- 12 Bay or cove
- 13 Helped an actor
- 21 Popular pet
- 23 Catches cold
- 25 Whinny
- 27 Gentle person
- 28 Eight, to Caesar
- 29 Insult wittily
- 30 Naval off.
- 34 Plunging neckline

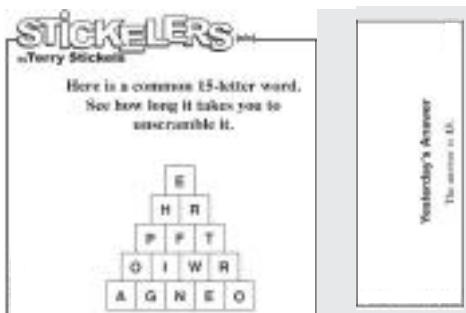
- 35 Deeply felt
- 36 Unable to decide
- 37 Waugh or Baldwin
- 38 Frog cousin
- 40 Paraguay capital
- 41 Sprint rival
- 43 Erelong
- 44 Points of view
- 45 Restful hues
- 47 Sundial numeral
- 48 Intense
- 49 Walleyed fishes
- 50 Alabama town
- 52 A word to kitty
- 53 Read quickly
- 55 Glen
- 56 Quechua speaker
- 57 Exert oneself
- 58 Finishes up
- 61 Sault — Marie

950,000  
Metro readers do it daily!

metro

Do it daily.

SOURCE: NADbank 2007, read yesterday;  
BASE: Montreal CMA, Ottawa-Gatineau CMA,  
Toronto CMA, Vancouver CMA



previous day's answer



## Horoscopes

AVATAR VENUS

## ARIES

MARCH 21-APRIL 20

Reinforce a friendship with fairness. Play by the rules and don't stress out on winning. A control freak will throw a tantrum.

## TAURUS

APRIL 21-MAY 21

Your powers of endurance will come in handy. A meeting sparkles with excitement. Show leadership to please a partner.

## GEMINI

MAY 22-JUNE 21

The breaking point is reached in a relationship. Decreasing restrictions is a good idea. Someone who needs help will cause a delay.

## CANCER

JUNE 22-JULY 22

Don't interfere in a stranger's argument. Surprise others with your enthusiasm. A man will try to hinder your plans.

## LEO

JULY 23-AUG 23

You'll laugh when you see a quirk of fate. An old-fashioned guy clears up bad conditions. A self-sacrificing trip must be taken soon.

## VIRGO

AUG 24-SEPT 22

A kinky onlooker will provide some sensible advice. A neighbour can be generous. Very strange things are afoot.

## LIBRA

SEPT 23-OCT 23

Ask for some time off to get something done. A dramatic situation is made zesty by a heart-to-heart chat. A spirited adversary is attentive.

## SCORPIO

OCT 24-NOV 22

Sneaky behaviour is replaced with uncertainty. A power struggle is amusing. A problem with a lovely chat gives you a great idea.

## SAGITTARIUS

NOV 23-DEC 21

Someone wants you to create mayhem. A bully's antagonism can be overcome. A manager is bizarre and wacky.

## CAPRICORN

DEC 22-JAN 20

Think twice before taking a chance with good advice. Your plans need fine-tuning. A relative will keep a secret.

## AQUARIUS

JAN 21-FEB 18

Good luck will come before you know it. A revelation is found after taking a chance. A friend wants to do something special.

## PISCES

FEB 19-MAR 20

Refuse to watch a suspenseful film. A higher-ranking person will be responsible for a predicament. There's an urgency to build bridges.

## Sudoku

## INSTRUCTIONS:

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

## SOLVE TIME IN MINUTES:

Under 13 ..... Genius  
13-17 ..... Scholar  
17-21 ..... Smart

previous day's answer

9	8	4	2	3	5	1	6	7
7	2	3	6	1	9	5	8	4
1	6	5	7	4	8	2	9	3
6	7	2	3	9	4	8	5	1
8	3	9	1	5	7	6	4	2
4	5	1	8	6	2	7	3	9
2	4	7	5	8	3	9	1	6
5	9	6	4	2	1	3	7	8
3	1	8	9	7	6	4	2	5

21-25 ..... Not bad  
25+ ..... Keep practicing

## Halifax weather

## Afternoon



40%  
Showers.  
26°

## Tonight



Partly cloudy.  
16°

## Friday



Partly cloudy.  
26° / 17°

## Saturday



Partly cloudy.  
24° / 14°



60%  
Showers.  
22° / 11°

The Weather Network  
theweathernetwork.com

## Temperature

Normals  
High: 22.5°  
Low: 13.8°

## Records

High: 30.4°/1999  
Low: 9.4°/1946

Sunrise: 5:45 a.m.

Sunset: 8:54 p.m.

Moonset: 4:37 a.m.

Moonrise: 8:51 p.m.

TWN incorporates MSC data



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